



# IDEAL FAMILY HEALTH CENTER CONFIDENTIAL PATIENT HEALTH RECORD FORM

## General Patient Information

Patient's Last Name: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_

Email: \_\_\_\_\_ Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

<b>Marital Status</b> (Circle): Mar.   Div.   Single   Sep.   Widowed	(circle): Mr.   Mrs. Miss.   Ms.   Other: _____
<b>Sex:</b> <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Prefer Not to Say <input type="checkbox"/> Other	Birthdate: ____/____/____ Age: _____

Street Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

(Cell) Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Are you:  Left-Handed  Right-Handed

Referred By:  Doctor  Insurance  Family/Friend  Web/Online

## EMERGENCY CONTACT INFORMATION

Name of Emergency Contact:		
Relationship to Patient:	Phone (Cell):	Phone (Work):

## Insurance Questionnaire

Do you have insurance?

Yes  No, I will self-pay \$185 for first visit and \$85 for each additional visit

If yes, list the provider(s): \_\_\_\_\_

**Accepted Providers:** Blue Cross Blue Sheild, Aetna, United Health Care, and Medicare

We do **NOT** accept any HMO plans, Medicaid, Cigna, and Humana.

## Current Health Concern

Current health concern: \_\_\_\_\_

Have you seen other doctors for this condition? Y / N

Previous treatments (if applicable): \_\_\_\_\_

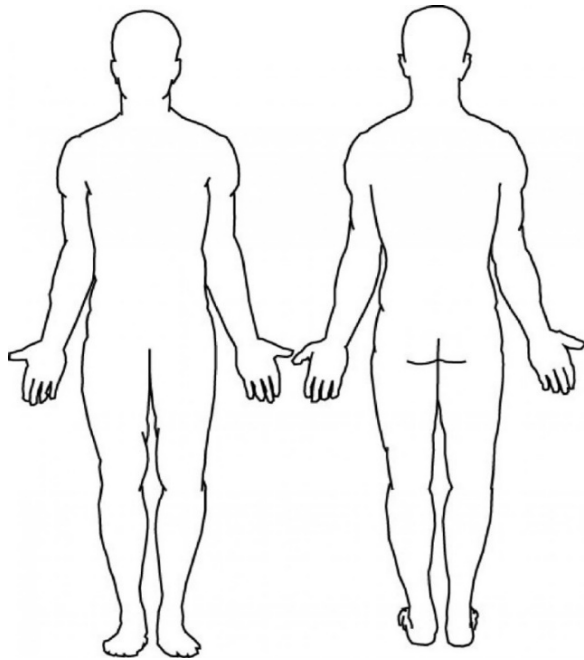
When did the issue begin? \_\_\_\_\_ Has this happened before? Y / N

Condition Cause:  Job Accident  
 Auto Accident  Home Injury  
 Fall  Genetic Issue  
Other: \_\_\_\_\_

Accident Date: \_\_\_/\_\_\_/\_\_\_\_\_  
If work related, is it reported/  
is employer aware? Y / N

Do you wear a  
shoe lift?  
Y / N

Current medications (if applicable): \_\_\_\_\_



Front

Back

Please use the Front/Back  
diagram to circle the areas of  
pain or discomfort.

Put an X on areas with metal or  
ceramic implants.

## Previous Health Conditions

Major Falls or Accidents: \_\_\_\_\_

Surgeries (applicable): \_\_\_\_\_

Recent Hospitalizations: \_\_\_\_\_

Previous chiropractic care: No Yes, Doctors Name: \_\_\_\_\_

**Below are lists of diseases and conditions which may seem unrelated to your visit. However, these questions must be answered carefully and thoroughly as these problems can affect your overall course of care.**

Check any diseases you have had: <input type="checkbox"/> Pneumonia <input type="checkbox"/> Smallpox <input type="checkbox"/> Diabetes <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Chicken Pox <input type="checkbox"/> Arthritis <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Cancer <input type="checkbox"/> Epilepsy <input type="checkbox"/> Whooping Cough <input type="checkbox"/> Heart disease <input type="checkbox"/> Mental Illness <input type="checkbox"/> Anemia <input type="checkbox"/> Thyroid <input type="checkbox"/> Lumbago <input type="checkbox"/> Measles <input type="checkbox"/> Influenza <input type="checkbox"/> Eczema <input type="checkbox"/> Pleurisy <input type="checkbox"/> Polio <input type="checkbox"/> Mumps	Are you HIV positive? <input type="checkbox"/> Yes <input type="checkbox"/> No
	Do you ingest: <input type="checkbox"/> Coffee <input type="checkbox"/> Alcohol <input type="checkbox"/> Tea <input type="checkbox"/> Tobacco/Nicotine
	When was your last Menstrual Cycle? ___ / ___ / ___ <input type="checkbox"/> Not Applicable Are you Pregnant? <b>Y / N / Unsure</b>

**Check any of the following you have had in the past 6 months:**

<b>Musculo-Skeletal:</b> <input type="checkbox"/> Low Back Pain <input type="checkbox"/> Pain Between Shoulders <input type="checkbox"/> Neck Pain <input type="checkbox"/> Arm Pain <input type="checkbox"/> Joint Pain/Stiffness <input type="checkbox"/> Walking Issues <input type="checkbox"/> Painful Clicking Jaw <input type="checkbox"/> General Stiffness	<b>Nervous System:</b> <input type="checkbox"/> Nervousness <input type="checkbox"/> Numbness <input type="checkbox"/> Paralysis <input type="checkbox"/> Dizziness <input type="checkbox"/> Forgetfulness <input type="checkbox"/> Confusion <input type="checkbox"/> Depression <input type="checkbox"/> Fainting <input type="checkbox"/> Convulsions <input type="checkbox"/> Cold Extremities <input type="checkbox"/> Tingling Extremities <input type="checkbox"/> Stress	<b>Gastro-Intestinal:</b> <input type="checkbox"/> Poor Appetite <input type="checkbox"/> Abdominal Pain <input type="checkbox"/> Excessive Appetite <input type="checkbox"/> Weight Loss <input type="checkbox"/> Excessive Thirst <input type="checkbox"/> Weight Gain <input type="checkbox"/> Frequent Nausea <input type="checkbox"/> Heartburn <input type="checkbox"/> Vomiting <input type="checkbox"/> Colitis <input type="checkbox"/> Diarrhea <input type="checkbox"/> Constipation <input type="checkbox"/> Hemorrhoids <input type="checkbox"/> Liver Problems <input type="checkbox"/> Gall Bladder Problems <input type="checkbox"/> Gas/Bloating After Meals <input type="checkbox"/> Black/Bloody Stool
<b>Cardio Vascular:</b> <input type="checkbox"/> Chest Pain <input type="checkbox"/> Short Breath <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Low Blood Pressure <input type="checkbox"/> Irregular Heartbeat <input type="checkbox"/> Heart Conditions <input type="checkbox"/> Lung Problems <input type="checkbox"/> Varicose Veins <input type="checkbox"/> Ankle Swelling <input type="checkbox"/> Stroke <input type="checkbox"/> Heart Attack	<b>Genito-Urinary:</b> <input type="checkbox"/> Bladder Pain <input type="checkbox"/> Painful Urination <input type="checkbox"/> Excessive Urination <input type="checkbox"/> Discolored Urine <input type="checkbox"/> Kidney Stones	<b>General:</b> <input type="checkbox"/> Fatigue <input type="checkbox"/> Vision Issues <input type="checkbox"/> Allergies <input type="checkbox"/> Dental Issues <input type="checkbox"/> Loss of Sleep <input type="checkbox"/> Sore Throat <input type="checkbox"/> Excessive Sleep <input type="checkbox"/> Earaches <input type="checkbox"/> Headaches <input type="checkbox"/> Hearing Difficulty <input type="checkbox"/> Fever <input type="checkbox"/> Stuffed Nose
<input type="checkbox"/> Menstrual Irregularity <input type="checkbox"/> Menstrual Cramps <input type="checkbox"/> Vaginal Pain <input type="checkbox"/> Vaginal Infection <input type="checkbox"/> Breast Pain/Lumps <input type="checkbox"/> Prostate Issues <input type="checkbox"/> Sexual Issues	The following family members have the same or similar issues to me: <input type="checkbox"/> Mother <input type="checkbox"/> Grandparent <input type="checkbox"/> Father <input type="checkbox"/> Aunt/Uncle <input type="checkbox"/> Sibling <input type="checkbox"/> Cousin <input type="checkbox"/> Spouse <input type="checkbox"/> Child	<b>OTHER:</b> _____ _____ _____ _____

## ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY

### PRACTICES FOR PROTECTED HEALTH INFORMATION

We are committed to protecting your privacy. This policy outlines how Ideal Family Health Center collects, uses, and shares your information, in accordance with federal and state law.

#### **Our Legal Duty**

We are required by law to maintain the privacy of your protected health information (PHI) and to inform you of our practices.

#### **How We Collect Information**

We only collect personal information that you voluntarily provide. Such as when scheduling appointments, completing intake forms, or communicating with our office via phone or email. To wit, we will use your information for, but not limited to, communicating with you in relation to services and/or products you have requested from us. We also may gather additional personal or non-personal information in the future.

#### **Sharing Information with Third Parties**

Ideal FHC does not sell or lease its customer lists to third parties.

#### **Uses and Disclosures of Your Health Information**

We may use or disclose your PHI in the following ways:

- **Treatment:** Shared with providers within our clinic involved in your care.
- **Payment:** Shared with your insurance company or billing providers.
- **Healthcare Operations:** For internal quality improvement and administrative purposes.
- **Workers' Compensation:** As required by state law.
- **Public Health & Safety:** To report certain conditions or events as required by law (e.g., infectious diseases, abuse, medication reactions).
- **Legal Requirements:** In response to a subpoena, court order, or law enforcement request.
- **In Case of Death:** With medical examiners or coroners, as permitted by law.

#### **Changes to this Statement**

Ideal FHC reserves the right to change this Privacy Policy from time to time. The current version will always be available on our website or by request at the front desk.

#### ***For Patient to fill out:***

I acknowledge that I have received and understood Ideal Family Health Center's Notice of Privacy Practices for protected health information.

Date: \_\_\_/\_\_\_/\_\_\_\_\_ Name of Patient: \_\_\_\_\_  
Print Name

Signature of Patient or Representative: \_\_\_\_\_

**HIPAA RIGHT OF MEDICAL ACCESS FORM**

**(Optional)**

I, \_\_\_\_\_, direct my health care and medical services provider, Ideal Family Health Center, to disclose and release my protected health information below to those listed below.

1. Name \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Information: \_\_\_\_\_

2. Name \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Information: \_\_\_\_\_

\_\_\_\_\_  
Name of Individual Giving this Authorization

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Individual Giving this Authorization

\_\_\_\_\_  
Date

**Notice:** If left blank, Ideal Family Health Center will be unable to share medical information with ANY individual that claims to know the patient, related or not, as it would be a violation of the patient's medical rights under HIPAA. This form can be updated by the patient at any time upon request.

## INFORMED CONSENT TO CHIROPRACTIC SERVICES

I voluntarily consent to receive chiropractic care from Dr. Chang Rung Han, D.C., and/or any licensed chiropractic providers working with or on behalf of Ideal Family Health Center. This care may include chiropractic adjustments, physical therapy, and diagnostic imaging (such as X-rays), as deemed necessary.

I understand the nature and purpose of these procedures, as well as the potential risks, which may include (but are not limited to) muscle strains, joint sprains, fractures, or, in rare cases, neurological complications. I acknowledge that all reasonable questions about the treatment, alternatives, and risks have been answered to my satisfaction.

I understand that no guarantee of results has been made, and I trust the doctor to use their best judgment during the course of care. This consent applies to my current condition and any future conditions for which I seek care at this office.

By signing below, I confirm I have read and understand this consent form and agree to proceed with treatment.

\_\_\_\_\_

Print Patient Name

\_\_\_\_\_

Date

\_\_\_\_\_

Signature of Patient

\_\_\_\_\_

Date

**Patient Representative, complete if Patient is a Minor or is physically and/or legally incapacitated.**

\_\_\_\_\_

Print Rep's Name and Relationship to Patient

\_\_\_\_\_

Date

\_\_\_\_\_

Signature of Representative

\_\_\_\_\_

Date

## Email Communication Consent Form

Ideal Family Health Center offers email communication for billing, clinic updates, and general information. This allows for convenient access to your account and clinic-related materials.

**Please note:** Email communication carries risks. By consenting, you acknowledge and accept the following:

- Email is not guaranteed to be private or secure.
- Messages can be misdirected or intercepted.
- Employers and service providers may access emails sent through their systems.

**By agreeing to email communication, you understand that:**

- Email messages may become part of your medical record and accessible to authorized staff (e.g., billing personnel).
- We will not share your emails with third parties without your written permission, unless required by law.
- If you request a response and do not receive one promptly, it is your responsibility to follow up.
- You may update or withdraw your consent at any time by notifying our office in writing.

While we take reasonable steps to protect your privacy, we cannot guarantee the security of email exchanges. By signing below, you consent to receive communications from Ideal Family Health Center via email.

\_\_\_\_\_

Print Patient Name

\_\_\_\_\_

Date

\_\_\_\_\_

Signature of Patient

\_\_\_\_\_

Date

**Patient Representative, complete if Patient is a minor or is physically and/or legally incapacitated.**

\_\_\_\_\_

Print Rep's Name and Relationship to Patient

\_\_\_\_\_

Date

\_\_\_\_\_

Signature of Representative

\_\_\_\_\_

Date

## INFORMED CONSENT FOR ACUPUNCTURE TREATMENT AND CARE

I voluntarily consent to receive acupuncture and related treatments from the licensed acupuncturist(s) at Ideal Family Health Center. These treatments may include acupuncture, acupressure, cupping, moxibustion, Tui-Na (Chinese massage), electrical stimulation, herbal medicine, and nutritional counseling.

I understand the following:

- **Common risks** may include bruising, soreness, dizziness, numbness, tingling, and minor bleeding.
- **Less common risks** may include burns (from moxibustion), infection (though sterile needles are used), organ puncture (such as lung), or nerve damage.
- **Herbal supplements** may cause side effects like nausea, diarrhea, rashes, or allergic reactions. I will notify my provider of any adverse effects immediately.
- **Pregnancy risks:** Some herbs and techniques may not be safe during pregnancy; I will inform my provider if I am or become pregnant.

I understand that while acupuncture is generally safe, results are not guaranteed, and my acupuncturist will use their best clinical judgment during care.

I also acknowledge that clinic staff may access my medical records for treatment or administrative purposes, and my records will remain confidential unless I provide written consent.

By signing below, I confirm that I have read and understood this consent, had the opportunity to ask questions, and agree to treatment. This consent applies to my current condition and any future conditions I seek treatment for.

Acupuncturist: Chang Rung Han D.C. – Ideal Family Health Center

\_\_\_\_\_  
Print Patient Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

**Patient Representative, complete if Patient is a Minor or is physically and/or legally incapacitated.**

\_\_\_\_\_  
Print Rep's Name and Relationship to Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Representative

\_\_\_\_\_  
Date

## OFFICE FINANCIAL POLICY AGREEMENT

Thank you for choosing Ideal Family Health Center. Our goal is to provide high-quality, personalized care. To help us serve you efficiently, please review and agree to the following financial policies:

### **Payment**

- Payment is due at the time of service unless prior arrangements have been made.
- We accept cash, in-state checks, Visa, Mastercard, and Discover.

### **Arrival Policy**

- Please arrive on time. Patients arriving 15+ minutes late may be asked to reschedule.

### **Insurance**

- We accept most managed care plans and will bill your insurance when possible.
- If we are **not** in-network with your plan, payment is required at the time of service unless otherwise arranged.
- Any amount not covered by your insurance is your responsibility.
- Please contact your insurance company directly for questions about coverage, benefits, or network status.

### **Proof of Insurance**

- You must provide up-to-date insurance information prior to treatment.
- If no insurance is provided, full payment is required.
- Insurance verification is an **estimate only** and does not guarantee payment.
- Copays, deductibles, and coinsurance are due at the time of service.

By signing below, you acknowledge and agree to the terms of this Financial Policy.

**By signing below, I confirm to understand the above policy and agree to abide by it.**

\_\_\_\_\_  
Print Patient Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

**Patient Representative, complete if Patient is a Minor or is physically and/or legally incapacitated.**

\_\_\_\_\_  
Print Rep's Name and Relationship to Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Representative

\_\_\_\_\_  
Date



***For Physician / Office to fill out only:***

**Documentation of Good Faith Effort to Obtain Written Acknowledgement**

*Physician:* I made a good faith effort to obtain the patient's written acknowledgement of our Notice of Privacy Practices for protected health information by (check applicable):

- Showing the patient the Notice of Privacy Practices to read prior to receiving any treatment or service.
- Giving the patient a copy of our Notice of Privacy Practices to read prior to receiving any treatment or service.
- Giving the patient all necessary information to obtain our Notice of Privacy Practices on our website.
- Asking the patient to sign this acknowledgement form.
- Other: (Explain in detail)

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I was unable to obtain the patient's written acknowledgement because:

(check applicable)

- The patient refused to sign the form.
- The patient would not sign the form because the individual stated that they did not understand the notice.
- Other: \_\_\_\_\_

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Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name of Doctor: \_\_\_\_\_

Doctor's Signature: \_\_\_\_\_

Notice: This written acknowledgement must be completed no later than the first date healthcare services or treatments are provided to the patient. This acknowledgement must be retained in the patient's permanent records.